

Patient opinions of hospital environments

Environment and health – what about that?

Health promotion and research

- Enhance well-being and recovery
- Less pain
- Less medication
- Fewer days spent in hospital
- Positive distraction
 - mind setting
- Attraction in hospital environments
 - quality improvement

Health promotion in health care environment –pilot study

Why?

- What matters to the patient
- Increase interest among staff and management

How?

- Inspired by research method; "Guided tours"
- Five different wards in Sweden
- 15 patients with chronic diseases and staff
- Questionnaire; fixed and open-ended questions

References:

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Results – patients



Staff

Feeling of secureness
Welcoming atmosphere
Enough light daytime
Darkness at night
Quietness at night
Interest in participation



Beautiful views
Attractive environment
Cleanliness



A place for retreat,
peace and stillness
Contribution to wellbeing