

# Det internationella HPH nätverket

## Health Promoting Hospitals and Health Services:

- nytt sekretariat och snart en ny Global Strategy

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# Hälso - och sjukvårdens utmaning

Ändrad demografi – fler äldre

Ändrat sjukdomspanorama – fler långvarigt sjuka

Allt större delen av vårdinsatser ”reparativa”

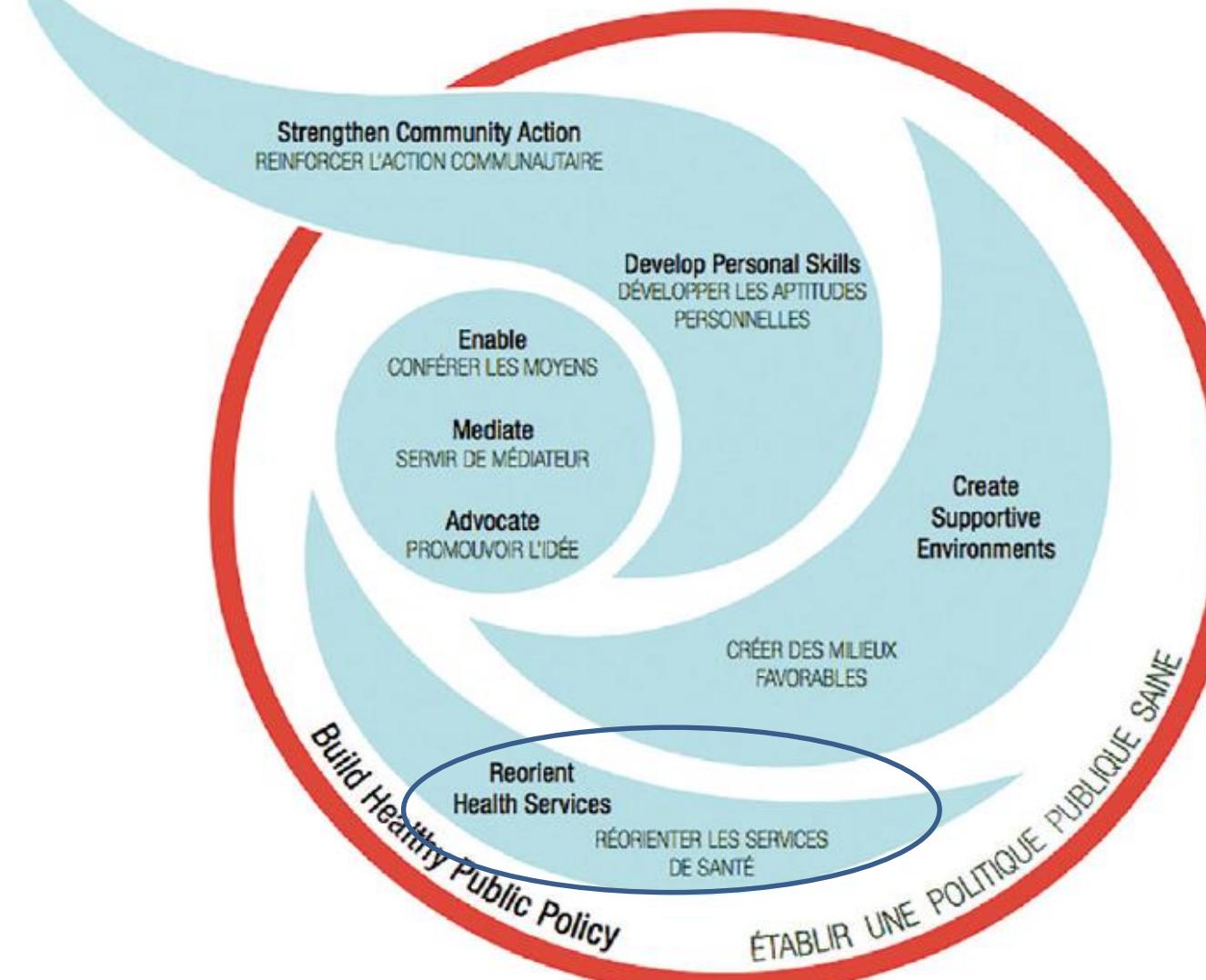
Nya krav från brukarna

Ny kunskap och teknik

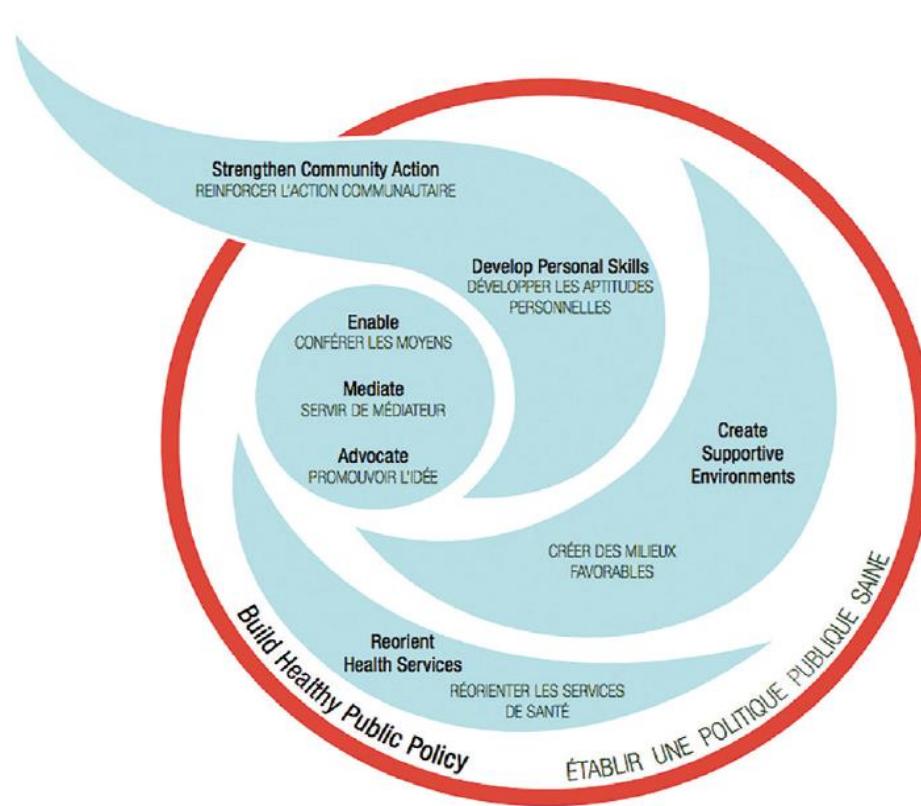
med

Strama ekonomiska ramar!

# Ottawa charter 1986



## Reorientation of Health Services



# Ottawa charter Reorientation of Health Services

## HPH Vision

A more effective health service by reorienting health services towards health gain for patients, co-workers and the public served

## Health Orientation

# The HPH concept describes a synergy effect

Orienting health services towards health gain  
leading to a more effective organization,

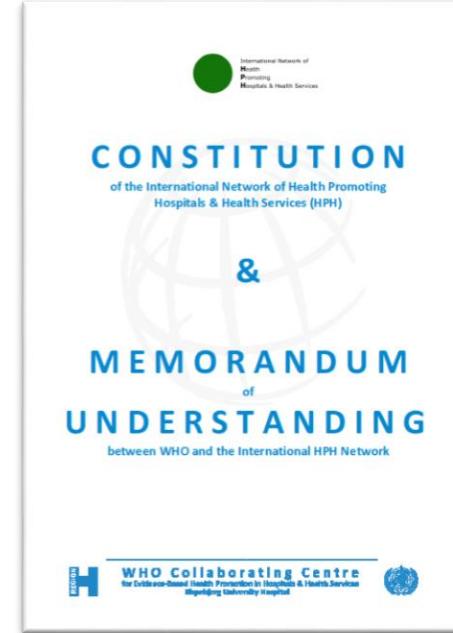
and

Using the knowledge, authority and  
contacts of health care with the population  
leading to more effective public health initiatives.

# HPH Constitution

## Mission

- "HPH shall work towards incorporating the WHO concepts, values, strategies and standards or indicators of HP into the organizational structure of the H/HS"



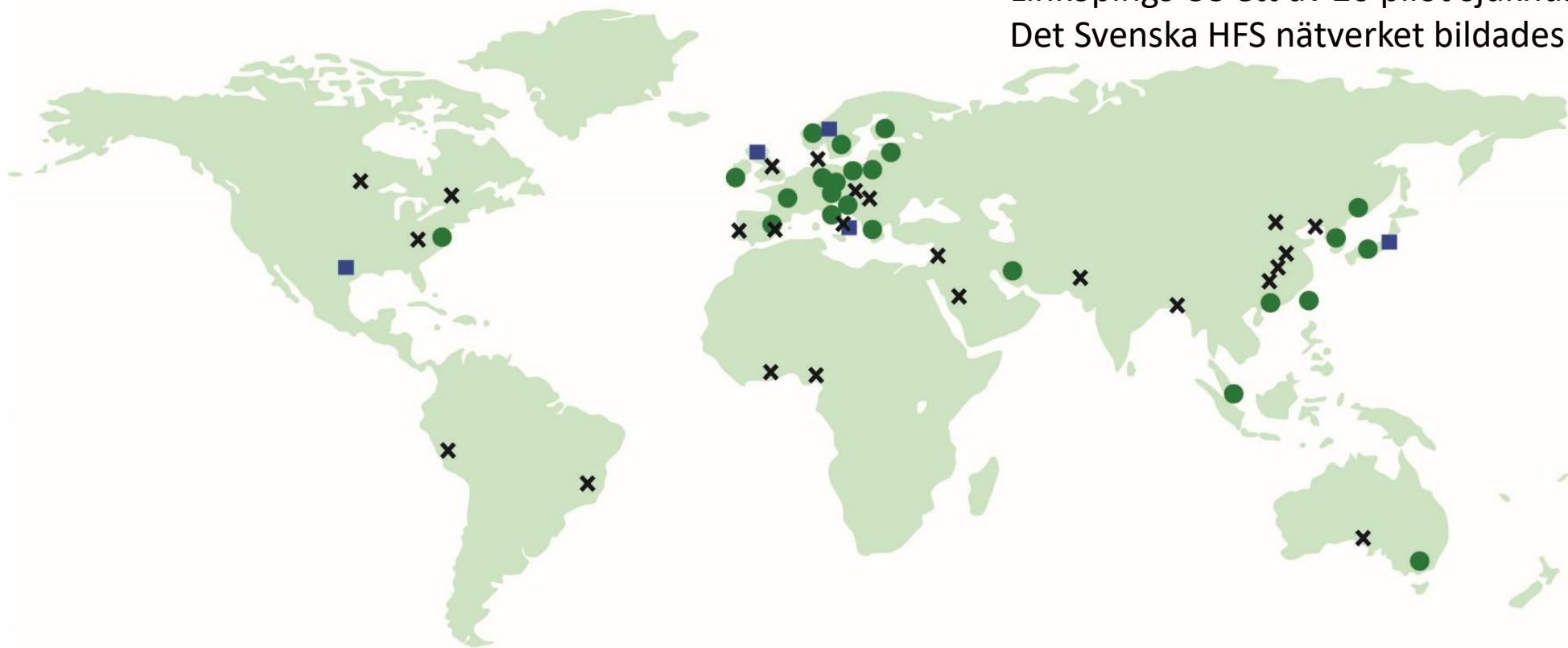
## Vision

- "Increase the contribution of H/HS to better health gain through HP"

*Ottawa Charter, Budapest Declaration, Vienna Recommendations,  
Bangkok Charter and WHO Standards for Health Promotion in Hospitals*

# The international network of Health Promoting Hospitals and health services HPH was initiated by WHO in 1990

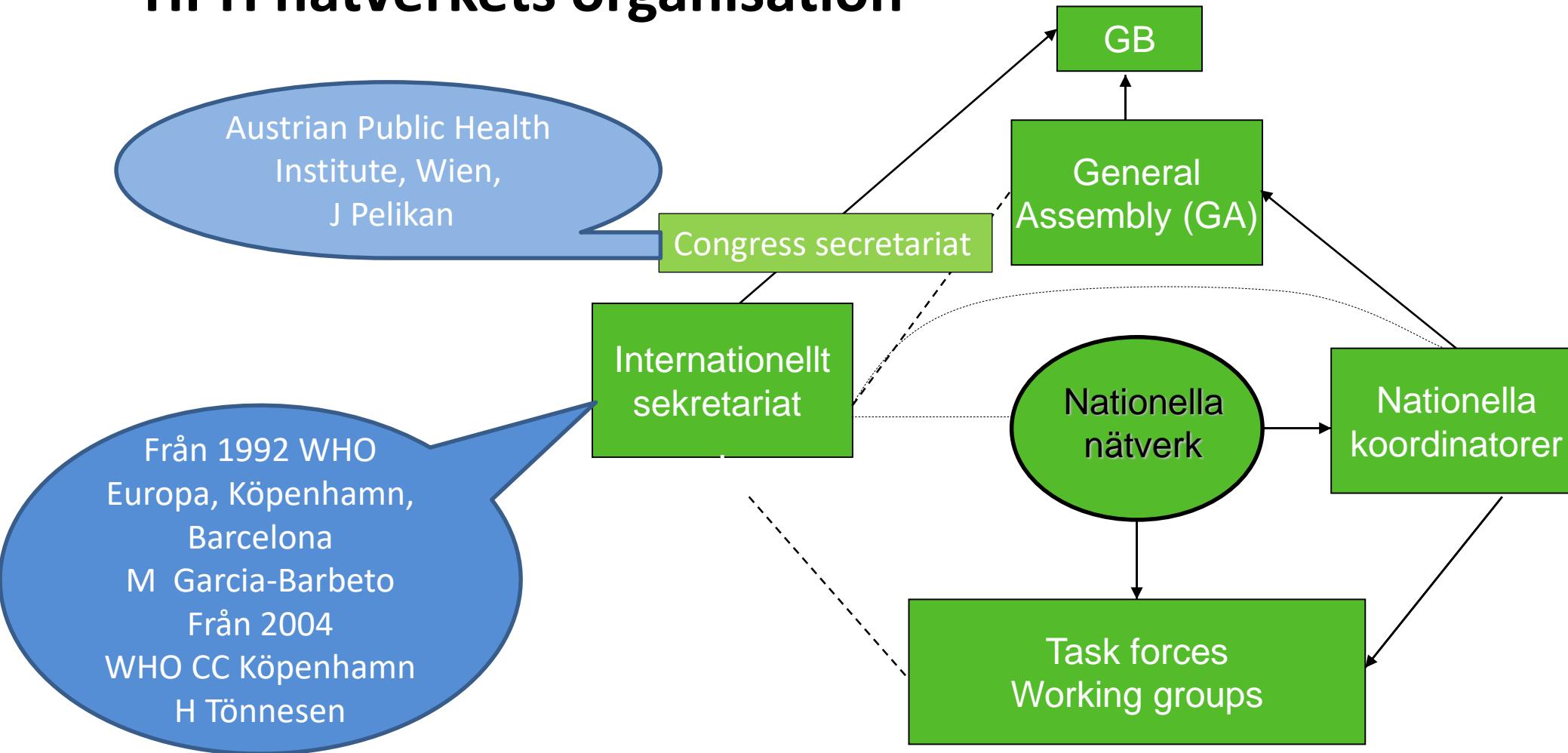
Startade som ett nätverk av sjukhus  
Linköpings US ett av 20 pilot sjukhus, det enda i norde  
Det Svenska HFS nätverket bildades 1996



- = Country / Region with HPH Network(s)
- = Affiliated Member(s)

- ✖ = Country / Region with individual Hospital or Health Service HPH Member(s)

# Det Internationella HPH nätverkets organisation



The network works on implementation of the HPH-concept in four perspectives,

**Patient perspective**

Optimizing health services by integrating health promotion and disease prevention in the care chain

**Co-worker perspective**

Aiming at becoming a model for health promoting work places

**Population perspective**

Supporting public health interventions for the population served and in local communities

**Management perspective**

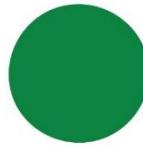
Using health orientation as a means to become a more effective health service



## Patient perspective

Optimizing health services by integrating health promotion and disease prevention in the care chain

- *Developing person centered care, empowerment and health literacy skills*
- *Giving professional support to patients for health behavioral change e.g. smoking cessation or physical activity before surgery, after myocardial infarction or in the process of cancer treatment and rehabilitation*



# HPH Task Forces and Working Groups

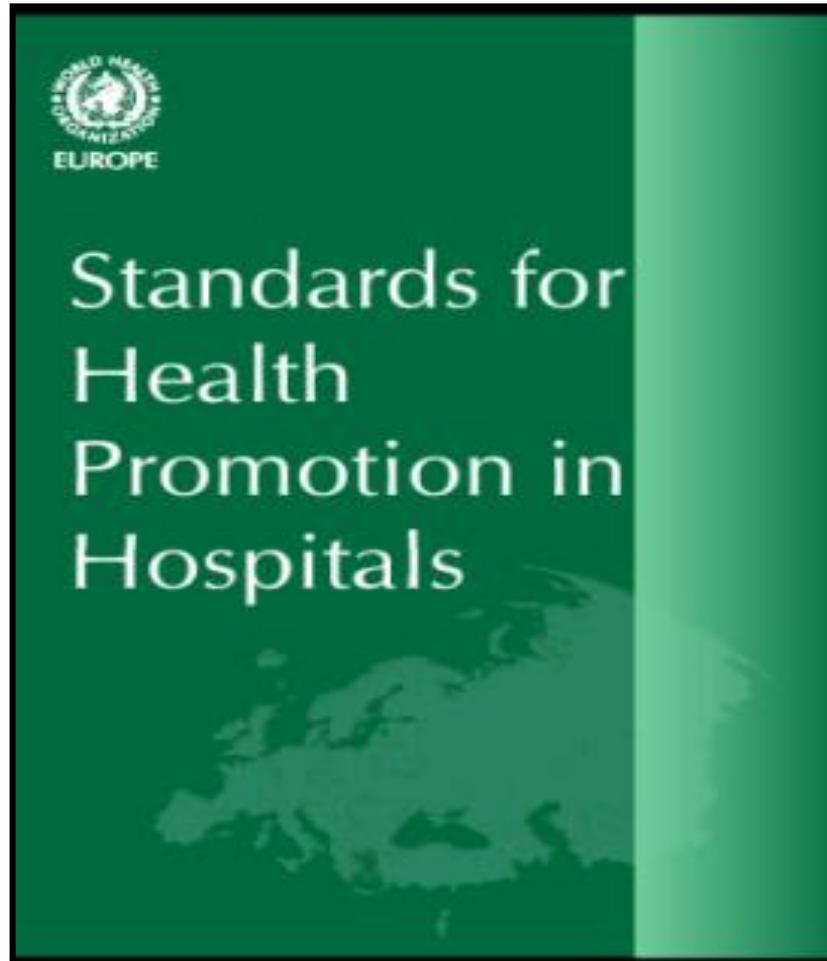
## Task forces

- HPH Task Force on Migration, Equity & Diversity (**IT**)
- HP for Children & Adolescents in & by Hospitals (**IT**)
- HPH and the Environment (**TW**)
- Age Friendly Care in H/HS (**TW**)
- HPH Task Force on Implementation and Monitoring of Standards (**ES**)

## Working groups

- HPH and Patient and Family Engaged Health Care (**US**)
- HPH and Health Literate Health Care Organizations (**A**)

# Standards for Health Promotion in Hospitals, WHO/HPH



1. Management policy of HP
2. Patient Assessment
3. Patient Intervention & Info
4. Promoting a healthy workplace
5. Continuity and cooperation

# Updated Standards for HP in Hospitals



1) Standards for Health promotion in hospitals and health services: tobacco, alcohol, diet/nutrition and physical activity

- Nu uttalat att dessa är fokuserade på levnadsvanor
- Anpassade för att vara relevanta också för primärvården
- Nu ett HPH document, och utan WHO logga
- Skall slutföras och publiceras under hösten

2) "Umbrella" standards

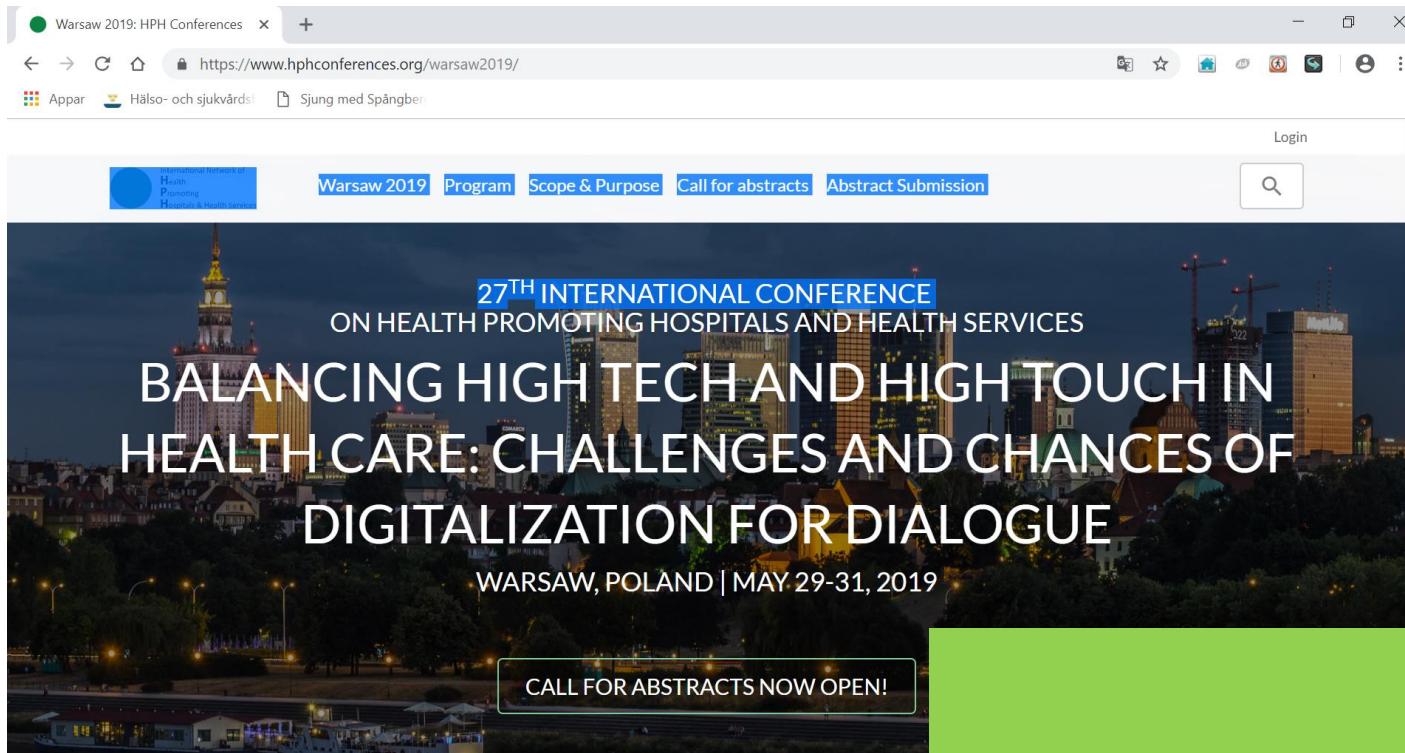
Som täcker hela HPH concepet och bygger på de "substandards" som task forces tagit fram

# Umbrella standards- covering the full HPH concept.

The first step below, by the chair of WG: Antonio Chiarenza, Italy

Agreement on domains and sub-domains								
DOMAINS	SUB-DOMAINS	HPH	Equity	HL	Engagement	Environment	Children	Elderly
1. Organisational commitment	1. Policy & leadership	yes	yes	yes	yes	yes	NO	yes
	2. Measurement of performance	yes	yes	yes	yes	yes	yes	yes
2. Staff / workforce	1. Recruitment	NO	NO	NO	yes	NO	NO	yes
	2. Competences	yes	yes	yes	yes	yes	yes	yes
	3. Involvement	yes	NO	yes	NO	NO	NO	yes
	4. Workforce health promotion & wellbeing	yes	yes	yes	NO	yes	NO	NO
3. Accessibility	1. Entitlement/Rights	NO	yes	NO	NO	NO	yes	NO
	2. Physical & geographical accessibility	NO	yes	yes	NO	yes	NO	yes
	3. Socio-cultural acceptability	NO	yes	yes	NO	NO	yes	yes
4. Person (family) centred care	1. Needs assessment	yes	yes	yes	yes	NO	yes	yes
	2. Care provision	NO	yes	yes	yes	NO	yes	yes
	3. Patient/provider communication	NO	yes	yes	NO	NO	NO	NO
	4. Patient information	yes	yes	yes	NO	yes	yes	yes
5. Health care environment	1. Respectful & trustful	yes	yes	NO	NO	yes	yes	NO
	2. Healthy & safe for patients	NO	NO	NO	NO	yes	yes	yes
	3. Healthy & safe for staff	yes	yes	yes	NO	yes	NO	NO
6. Involvement & participation	1. Patient/family engagement	NO	yes	yes	yes	NO	yes	yes
	2. Community engagement	NO	NO	yes	NO	yes	NO	yes
7. Promoting health in the wider society	1. Sharing information with other services	yes	yes	yes	yes	NO	NO	yes
	2. Networking & collaborations	yes	yes	yes	yes	yes	NO	yes

# International HPH conferences



SAVE THE DATE!

28<sup>TH</sup> INTERNATIONAL CONFERENCE ON HEALTH PROMOTING HOSPITALS AND  
HEALTH SERVICES SEOUL, KOREA | JUNE 3-5, 2020

Health promotion and healthy ageing in the light of future technologies

Connect

# Det internationella nätverket – HPH mycket händer nu..

- Göra klart/publicera uppdaterade HPH standards för levnadsvano
- Utveckling av ”Umbrella standards” som täcker hela HPH konceptet
- HPH ansöka om att bli NGO in official relations with WHO
- Vi har ett nytt sekretariat!
- Nya medlemmar! Frankrike, Kina, Japan mm
- En ny Global Strategy för HPH nätverket 2020-2024 ska tas fram

# A new international HPH secretariat from September 1<sup>st</sup>:

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CEO Dr Oliver Groene

Coordinator Carla Weber

OptiMedis AG, Hamburg

[www.hphnet.org](http://www.hphnet.org) / [info@hphnet.org](mailto:info@hphnet.org)

# New Global Strategy for the Int. HPH network

Första förslag till mål 2020-2024 att diskutera med medlemmarna.

Öka värdet av medlemskap !

- Skapa former för att samlar och förmedla/dela metoder och best practices of HPH
- Anpassa, stärka HPH communication system och produkter (hemsida, nyhetsbrev..)
- Öka vår förmga att påverka policy och practice genom att underlätta tillgång till evidens, redskap ch resurser access to evidence
- Utveckla och professionalisera ledarskap och management av HPH nätverket

Medskick idag?

Vi återkommer med underlag att diskutera hemma!